

Narrandera Meals on Wheels

WINTER MENU 2026

\$8.00 per meal

NOTE: further discounts may apply for Home Care Package / NDIS Clients, please enquire when ordering.

All meals served with seasonal vegetables / All soups served with bread rolls.



Week 1

Monday	Potato & Leek Soup OR Ham, Cheese, Pickle Sandwich	OR Chicken Kiev with vegs	OR Pork Schnitzels with Apple & Gravy	DESSERT Apple Crumble and Custard
Tuesday	Tomato & Basil Soup OR Quiche of the day	OR Cottage Pie & Veg	OR Salmon Patties with White Sauce	DESSERT Bread & Butter Pudding
Wednesday	Pea & Ham Soup OR Meat & Salad Sandwich	OR Mild Curried Beef Sausages	OR Steak & Kidney Casserole	DESSERT Caramel Biscuit Slice with fresh Cream
Thursday	Chicken Stockpot Soup OR Egg & Lettuce Sandwich	OR Irish Lamb Stew	OR Beef Rissoles in Gravy	DESSERT Golden Syrup Baked Custard
Friday	Pumpkin Soup OR Salad Roll	OR Roast Beef & Gravy	OR Battered Fish	DESSERT Lemon Curd Pavlova / Cream

Week 2

Monday	Tomato & Pesto Soup OR Ham & Tomato Mustard Sandwich	OR Lasagne	OR Pork Steak in Plum Sauce	DESSERT Apple Crumble and Cream
Tuesday	Tomato & Bacon Soup OR Curried Egg & Lettuce Sandwich	OR Apricot Chicken	OR Corned Beef with White Sauce	DESSERT Cinnamon Baked Pear Pudding with Custard
Wednesday	Pea & Ham Soup OR Chicken & Salad Roll	OR Tender Beef Stroganoff	OR Lambs Fry & Bacon	DESSERT Jelly Cheesecake & Cream
Thursday	Hearty Beef Soup OR Mini Quiche	OR Creamy Chicken Pesto Pasta Bake	OR Grilled Beef Sausages in Onion Gravy	DESSERT Rice Cream & Fruit Compot
Friday	Pumpkin Soup OR Lettuce, Cheese & Tomato Sandwich	OR Roast Beef & Gravy	OR Crumbed Fish	DESSERT Lemon Curd Waffle & Cream

Week 3

Monday	Cream of Cauliflower Soup OR Quiche Lorraine	OR Mild Curried Chicken	OR Meatloaf with Gravy	DESSERT Apple Crumble and Custard
Tuesday	Beef & Vegetable Soup OR Mini Bacon & Egg Pie	OR Chicken Schnitzel with Gravy	OR Pickled Pork with White Sauce	DESSERT Vanilla Self Saucing Pudding with Custard
Wednesday	Pea & Ham Soup OR Meat & Salad Sandwich	OR Chicken & Leek Parcels	OR Steak & Kidney Casserole	DESSERT Jelly Slice with Cream
Thursday	Chicken Noodle Soup OR Meat & Pickle Sandwich	OR Marinated Chicken Drumsticks	OR Braised Steak in Gravy	DESSERT Golden Syrup Pudding and Rice Cream
Friday	Pumpkin Soup OR Chicken & Mayo Sandwich	OR Roast Chicken and Gravy	OR Grilled Lemon Pepper Barramundi	DESSERT Sticky Date & Caramel Pudding

Week 4

Monday	Tomato & Cheesy Top Soup OR Curried Egg & Lettuce Sandwich	OR Zucchini & Bacon Slice	OR Beef Risssoles in Tomato & Onion Gravy	DESSERT Apple Crumble and Custard
Tuesday	Chicken & Sweet Corn Soup OR Mini Quiche	OR Mongolian Beef Stir Fry	OR Pork Steak with Honey Mustard Sauce	DESSERT Bread & Butter Pudding
Wednesday	Pea & Ham Soup OR Chicken, Cheese & Mayo Sandwich	OR Chicken Schnitzel with Gravy	OR Ham Steak with Grilled Pineapple	DESSERT Jelly Fruit Custard & Cream
Thursday	Cauliflower & Bacon Soup OR Ham & Salad Sandwich	OR Lambs Fry & Bacon	OR Chicken & Vegetable Casserole	DESSERT Fruit Pudding with Custard
Friday	Cream of Pumpkin Soup OR Meat & Cheese Sandwich	OR Roast Pork with Apple & Gravy	OR Battered Fish with Crumbed Prawn Combo	DESSERT Self-Saucing Pudding